

# *Taking Control of Your Learning*

Rate your efforts 1-4 for each bullet

- 1 -almost never
- 2 -less than half the time
- 3 -usually
- 4 -almost always

- Come to class each day prepared
  - Pencils, pen, highlighter, composition notebook, calculator(PS), text book(ES)
- Listen actively to the lesson (SLANT)
  - Sit-up
  - Listen and Lean
  - Ask and Answer
  - Nod and note
  - Track the learning
- Taking Notes
  - If the teacher writes it, it's important, write it too!
  - Write neatly/clearly so that you can read your notes
  - Organized/group information
  - Use colors to make facts/ideas stand out
  - Update your glossary (ES) and/or formula pages (PS)
- Using your notes
  - Keep your notes organized by keeping your table of contents up to date
  - Number your pages accurately, match them to the table of contents
  - Look back at the notes you have written when completing assignments, studying for tests, and taking tests if allowed
- Read actively to understand questions and text
  - Circle important words, numbers, and facts
  - Underline important ideas
  - Mark confusing parts
  - Take notes in the margins
- Learning/cementing your learning
  - Ask questions in class when things don't make sense
  - Avoid distractions and side conversations
  - Focus on classwork, get as much done as you can in class where you can ask questions
  - Do your homework, the practice helps to cement the ideas in your brain
  - Get help if you need it
    - Afterschool Tutoring (M-Th 2:30-4:30 in the library)
    - Make an appointment to see Ms. Poston before or after school. [denise.poston@rsd.edu](mailto:denise.poston@rsd.edu) or 967-6200 leave a message with a return number
- When you miss class
  - Copy any missed notes from Ms. Poston or a friend
  - Get any missed assignments and turn in asap
  - Make sure to turn in any work was due the day you were gone.

*Set two goals on ways to improve your learning:*

1. \_\_\_\_\_

2. \_\_\_\_\_